



MEDICAL ASSOCIATES
of NORTH GEORGIA
A Northside Network Provider

Diagnostic CT Prep Instructions

Cardiac Calcium Scoring

No caffeine or nicotine 12 hours prior to the exam.

Abdomen and Pelvis without contrast

Nothing to eat or drink 4 hours before the exam.

Abdomen and Pelvis with IV and Oral Contrast

Nothing to eat or drink 4 hours before the exam.

If you are over 60 or have renal disease, please have labs completed within 30 days of your exam.

Chest, Neck, Head, or CTA with IV Contrast

Nothing to eat or drink 4 hours before the exam.

If you are over 60 or have renal disease, please have labs completed within 30 days of your exam.

Oral Contrast Instructions

1. Pick up 1 bottle of the Redi-Cat barium smoothie from the Diagnostics desk. This solution will help visualize your intestinal system and aid in the evaluation of your CT scan. Store this smoothie at room temperature.
2. Drink the bottle 4-8 hours prior to your scheduled exam. Do not eat or drink anything after you have completed the barium smoothie.

If you need to take medications, please do so with a small amount of water.

Insulin-dependent diabetics may take insulin and eat lightly, as directed by your physician.

3. Upon arrival, you will be given a 2nd bottle of Redi-Cat to drink at the Diagnostics desk.



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*Readi-Cat should not cause constipation. However, if you normally experience constipation, a mild laxative is advised after completion of your scheduled CT exam.