

Medical Associates of North Georgia CT Prep Instructions

ABDOMEN AND PELVIS:

IV and oral contrast

NOTHING TO EAT OR DRINK at least 4 hours before exam.

Labs (if over 40 or history of renal disease)

ABDOMEN AND PELVIS (RENAL STONE PROTOCOL)

No Prep

CHEST OR NECK OR CTA: (Circle the appropriate test)

IV Contrast only

NOTHING TO EAT OR DRINK at least 4 hours before exam.

Labs (if over 40 or history of renal disease)

HEAD/IAC'S WITH IV CONTRAST:

NOTHING TO EAT OR DRINK at least 4 hours before exam.

Labs (if over 40 or history of renal disease)

CARDIAC SCORING

No Prep

Patient Instructions for IV contrast studies:

Patients with a history of allergy to iodine contrast or seafood, follow these pre-medication guidelines

1. Prednisone 50mg by mouth 12 hrs, 7 hrs and 1 hr prior to the exam.
2. Benadryl 50 mg by mouth at the time of the exam.

Patients over 40 yrs, or that have diabetes or Kidney problems

1. Bun/Creat labs within 6 months of the exam.

Patients on medications containing Metformin-Actoplus Met, Avandamet, Glucophage, Glucophage XR, Glucovance, Glumetza, Metaglip and Riomet:

1. Discontinue medication at time of the exam and for 48 hrs following the exam.
2. Patient should not re-start medication until they have had a normal Renal Function lab test.

Patient Instructions for oral Contrast Studies:

If it is necessary to have oral contrast as part of your study, please do the following:

1. **Pick up 1 bottle of the barium smoothie from the Diagnostics Desk and refrigerate it.**
2. **You must drink the bottle 4 to 8 hours prior to your scheduled exam. Do not eat or drink after you have completed this bottle of Read-i-Cat.**
3. **You can take prescribed medication with a small amount of water if necessary.**
4. **Insulin-dependent diabetics may take insulin and eat lightly, as directed by your physician.**

**IF YOU ARE GOING TO CANCEL YOUR APPOINTMENT
PLEASE BE SURE TO CALL DIAGNOSTICS AT (770- 479-5535 ext. 222) 24 HRS IN ADVANCE.**