Medical Associates of North Georgia Pain Management Referral Form

Patient Name:	Patient Phone: ()			
Diagnosis:	Referring Physician:	Appointment Date:		
Insurance:	Policy Number:	Appointment Time:		
Office Number: 770 479 5535 Fax 770 479 8821				
Pain Management Consult: Comments regarding patient's medical condition	Steven M. Lobel, MD on:			
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If a procedure is desired, please choose below.

Procedure	Side	Spinal level (if desired)	Notes/ Comments
Epidural Steroid Injection	L R Both		 Lumbar radiculopathy, spinal stenosis, herniated and degenerative disk disease Adjunct to allow patient to tolerate PT Provides 3-6 months relief, not done as a series of 3
Dx spinal block Dx Medial Branch Block	L R Both L R Both		Anesthetizes spinal nerve to identify painful segment 1. For spinal arthritis/spondylosis 2. Consider C3/4 and TON blocks for occipital H/A's 3. L3-S1 is usual lumbar motion segment
Medial Branch RF Discography	L R Both		 Done if double diagnostic paradigm is successful Avg relief 422 days in L-spine, 263 days C-spine Used to identify whether a disc is painful or not At least one control disc should be studied
Sacroiliac Joint Injection	L R Both		 Often used as a pre-surgical staging tool Low back, buttock, thigh pain; worse with sitting Associated with fall onto buttocks
Sympathetic Blockade	L R Both		 Useful for the Dx and Rx of CRPS (RSD), chronic abdominal or pelvic pain, H/A's, facial pain Gasserian, Sphenopalatine, Stellate, Celiac, Hypogastric, Gray Rami, Lumbar, Ganglion impar
Spinal Cord Stimulator Trial	L R Both		 Trial can be done as office based procedure Excellent at relieving neuropathic pain Best for arm/leg pain
Other procedure:			