RECLAST INSTRUCTIONS

INSTRUCTIONS PRE-INFUSION:

1. You may eat normally before receiving your infusion.

2. Drink two (2) glasses of fluids, such as water, within a few hours before receiving Reclast to help prevent kidney problems.

3. You may take Tylenol one (1) tablet with each meal:
   a. The day before your infusion
   b. The day of your infusion
   c. The day after your infusion
   This will help reduce possible side effects, which are most commonly flu-like symptoms, muscle/joint pain, headache, and/or fever.

4. If you are taking a Diuretic, hold the diuretic:
   a. the day before the infusion
   b. the day of your infusion

INSTRUCTIONS POST INFUSION:

1. Contact your physician, if you develop:
   a. severe bone, joint or muscle pain
   b. numbness
   c. tingling, or
   d. muscle spasms.

2. Continue to take Calcium and Vitamin D supplements.

Remember, Reclast is an annual infusion. We will mail you a reminder letter one month before your annual infusion is due, asking you to make an appointment with your physician to discuss receiving Reclast again, and if appropriate, to schedule your infusion. This will also allow enough time for you to have the required lab work completed prior to receiving the infusion.

Reminder: Reclast infusion should be scheduled 1 year and a day from the previous infusion date for insurance/Medicare purposes.